

## CHILD SYMPTOM INVENTORY – 4: PARENT CHECKLIST

*Please check all that apply to your child.*

### CATEGORY A:

- Fails to give close attention to details or makes careless mistakes.
- Has difficulty paying attention to tasks or play activities.
- Does not seem to listen when spoken to directly.
- Has difficulty following through on instructions and fails to finish things.
- Has difficulty organizing tasks and activities.
- Avoids doing tasks requiring a lot of mental effort (schoolwork/homework/etc.)
- Loses things necessary for activities.
- Is easily distracted by other things going on.
- Is forgetful in daily activities.
- Fidgets with hands or feet, or squirms in seat.
- Has difficulty remaining seated when asked to do so.
- Runs about or climbs on things when asked not to do so.
- Has difficulty playing quietly.
- Is "on the go" or acts as if driven by a motor.
- Talks excessively.
- Blurts out answers to questions before they have been completed.
- Has difficulty awaiting turn in group activities.
- Interrupts people or butts into other children's activities.

### CATEGORY B:

- Loses temper.
- Argues with adults.
- Defies or refuses what you tell him/her to do.
- Does things to deliberately annoy others.
- Blames others for own misbehavior or mistakes.
- Is touchy or easily annoyed by others.
- Is angry and resentful.
- Takes anger out on others or tries to get even.

### CATEGORY C:

- Plays hooky from school.
- Stays out at night when not supposed to.
- Lies to get things or to avoid responsibility ("cons" others).
- Bullies, threatens, or intimidates others.
- Starts physical fights.
- Has run away from home overnight.
- Has stolen things when others were not looking.
- Has deliberately destroyed other's property.
- Has deliberately started fires.
- Has stolen things from others using physical force.
- Has broken into someone else's house, building, or car.
- Has used a weapon when fighting (bat, brick, bottle, etc.)
- Has been physically cruel to animals.
- Has been physically cruel to people.
- Has been preoccupied with or involved in sexual activity.

CATEGORY D:

- Is overly concerned about abilities in academic, athletic, or social activities.
- Has difficulty controlling worries.
- Acts restless or edgy.
- Is irritable for most of the day.
- Is extremely tense or unable to relax.
- Has difficulty falling asleep or staying asleep.
- Complains about physical problems (headaches, upset stomach, etc.) for which there is no apparent cause.

CATEGORY E:

- Shows excessive fear to specific objects or situations (animals, heights, storms, insects, etc.).
- Cannot get distressing thoughts out of his/her mind (worries about germs or doing things perfectly, etc.)
- Feels compelled to perform unusual habits (handwashing, checking locks, repeating things a set number of times).
- Has experienced an extremely upsetting event and continues to be bothered by it.
- Does unusual movements for no apparent reason (eye blinking, twitching, lip licking, head jerking, etc)
- Make vocal sounds for no apparent reason (coughing, throat clearing, sniffing, grunting, etc.)

CATEGORY F:

- Has strange ideas or beliefs that are not real (child's food is poisoned, people are trying to get him/her, etc.)
- Has auditory hallucinations, hears voices talking to or telling him/her to do things.
- Has extremely strange and illogical thoughts or ideas.
- Laughs or cries at inappropriate times or shows no emotion in situations where most others of same age would react.
- Does extremely odd things (excessive preoccupation with fantasy friends, talks to self in a strange way, etc.)

CATEGORY G:

- Is depressed for most of the day.
- Shows little interest in (or enjoyment of) pleasurable activities.
- Has recurrent thoughts of death or suicide.
- Feels worthless or guilty.
- Has low energy level or is tired for no apparent reason.
- Has little confidence or is very self-conscious.
- Feels that things never work out right.
- Has experienced a big change in his/her normal appetite or weight.
- Has experienced a big change in his/her normal sleeping habits – cannot sleep or sleeps too much.
- Has experienced a big change in his/her normal activity level – overactive or inactive.
- Has experienced a big change in his/her ability to concentrate.
- Has experienced a big drop in school grades or schoolwork.

CATEGORY H:

- Has a peculiar way of relating to others (avoids eye contact, odd facial expressions, or gestures, etc.)
- Does not play or relate well with other children.
- Not interested in making friends.
- Is unaware or takes no interest in other people's feelings.
- Has a significant problem with language.
- Has difficulty making socially appropriate conversation.
- Talks in a strange way (repeats what others say; confuses words like "you" and "I", uses odd words or phrases, etc.)
- Is unable to "pretend" or "make believe" when playing.
- Shows excessive preoccupation with one topic.
- Gets very upset over small changes in routine or surroundings.
- Makes strange repetitive movements (flapping arms, etc.)
- Has strange fascination for parts of objects.

CATEGORY I:

- Tries to avoid contact with strangers, abnormally shy.
- Is excessively shy with peers.
- Is generally warm and outgoing with family members and familiar adults.
- When put in an uncomfortable social situation, child cries/freezes/withdraws from interacting.

CATEGORY J:

- Gets very upset when child expects to be separated from home or parents.
- Worries that parents will be hurt or leave home and not come back.
- Worries that some disaster (getting lost, kidnapped, etc.) will separate child from parents.
- Tries to avoid going to school in order to stay home with parent.
- Worries about being left at home alone or with a sitter.
- Afraid to go to sleep unless near a parent.
- Has nightmares about being separated from parent.
- Complains about feeling sick when child expects to be separated from home or parents.
- Wets bed at night.
- Wets or soils underwear during daytime hours.